

Public SLHN Fall 2022 Class Catalog

Co-op Friday Classes

Title	Description	Min Age	Max Age
Art Class	<p>Art Class is a fun, hands-on series of exploratory projects for any art-interested, crafty maker, age 8 to 14 years old. We will engage in a range of projects, from weaving, simple book-making, assemblage sculpture, and more. Each session, the Art Class co-teachers will introduced a project, and go over tools and materials, and all participating artists are encouraged to relax, explore and enjoy bringing their ideas to life. There are no skill requirements for this class, though students will use glue guns at various points during the semester, so we encourage thoughtful, responsible, and safe use of tools. We will have a few projects involving paint and/or paint pens, though most projects have a low probability for staining clothes. Dress as you see fit.</p>	8	14
Deep Thoughts	<p>This class is inspired by the TV show The Good Place. We will explore philosophy and ethics through informal class discussions and activities. We will apply these ideas to real life and also look at how these ideas show up in art, pop culture, etc.</p> <p>Students should be prepared to discuss challenging ideas and be open to listening respectfully to others' viewpoints. Students should be prepared for a small amount of homework- for example, Look up X and tell us what you learned, or watch this 15 min video and be prepared to discuss it.</p>	12	18
Enrichment for Littles	<p>Every class period will be centered around a different theme. We will use the theme to guide our learning in the areas of literature, poetry, pre-literacy, emotional intelligence, math, science, and art.</p> <p>Geared towards ages 3-5 (ages are flexible, so feel free to signup your child if you think it would be a good fit)</p>	3	5
Grammar Games!	<p>Hands-on approach to language arts!</p> <p>This course is based on content covered in lesson books for 3-5th grade, but accessible for general elementary use. We will play grammar games like verb/adverb charades and preposition hide n seek, complete silly fill-ins, learn punctuation, and MORE!</p> <p>Students do not need strong writing skills for this class. Students will not be required to sit for the entire class period, as many of the activities involve movement.</p>	6	11
Introduction to Sign Language	<p>Students will learn basic sign language letters, words and simple sentence combinations. This course will be interactive, as students will practice both expressive and receptive sign language skills each time we meet.</p>	10	18
Nursery	<p>Nursery childcare offered by fellow parents when baby's/toddler's parents are busy teaching another class</p>	0	2

Pokémon Club	<p>Pokémon Club is for your young Pokemon enthusiast, from beginner to more experienced.</p> <p>Kids will learn about and discuss a variety of Pokémon, trade cards, play the trading card game (TCG), and may engage in other Pokémon-related activities.</p> <p>Beyond Pokémon, the kids will work on social skills and informal cooperative learning. The goal is for all of the kids to teach and learn from each other as they share their love of Pokémon.</p> <p>Pokémon Club kiddos should bring their own Pokémon cards. If they have books or other Pokémon items they may bring them to share with others during meetups.</p> <p>There may be fun, optional homework for show-and-tell.</p>	5	12
Word Games and Brain Teasers	<p>Join me each time at ES for an hour of puzzles, word games, and brain teasers. Format will vary as I will introduce different types of puzzles each class. Sometimes puzzles will be worked out individually, other times we will work as teams or together with the whole class,</p> <p>I would like to sometimes offer candy rewards for solving puzzles, so please inform me if your student has a food allergy or other dietary restriction. All the supplies needed for class are a pen or pencil and a brain ready to think outside the box!</p>	12	18
Beginner Cross Stitch	<p>Learn to cross stitch and create your own piece of artwork!</p> <p>All supplies will be provided and you will choose a free pattern to use.</p> <p>No prior experience necessary.</p>	10	18
Chess	<p>Come play chess with friends and learn new strategies! Class will be facilitated by recent graduate Porter Cowan. Understanding of basic chess rules is required. Equipment will be provided.</p>	8	19
Fun with Books	<p>In this class, we will have fun with a different picture book each week. We will read our book together as a group, and then enjoy a literacy activity that goes along with the story we have read. Literacy activities may include talking about the story, singing songs, playing sound and word games, completing a craft or drawing, reader's theater, STEAM activities, or any other fun activity that will serve as an engaging extension of our shared story.</p>	5	10
Inclusive Sex Ed for Teens with Planned Parenthood	<p>Come talk and learn with Planned Parenthood Educators. Topics will range from healthy relationships, consent, pleasure, safer sex, and much more. Sign up to join the conversation! During the first class, youth will get to know one another and discuss what they'd most be interested in learning with the educators (who may vary; the name listed is just the parent organizing the class, who will not be teaching).</p> <p>Parents should use their discretion signing up and know that the educators are completely open to whatever the youth would like to discuss and any topics are welcome.</p> <p>There may be occasional homework but nothing heavy or time-consuming. Some classes may have none.</p>	13	19

Interactive Geometry	Introduce/reinforce concepts of basic geometry including shape attributes: names and properties, corners and sides; polygons: sides and angles; symmetry, and patterns. Students will participate in a variety of engaging, hands-on activities during this shape-themed unit including Tangrams, Geoboards, Tessellate art, and more!	4	10
Oceanography	<p>We'll continue our study of the ocean this semester with Oceanography this semester.</p> <p>Oceanography is the study of the physical, chemical, and biological features of the ocean, including the ocean's ancient history, its current condition, and its future. In a time when the ocean is threatened by climate change and pollution, coastlines are eroding, and entire species of marine life are at risk of extinction, the role of oceanographers may be more important now than it has ever been.</p> <p>We'll learn what Oceanographers do and explore some of the topics involved.</p> <p>Class will include reading, discussion, written and hands on activities. A pencil and binder might come in handy, but not required. There may be some homework, such as completing a worksheet or finishing a project.</p>	10	14
The Terrible Head: Writing and Performing a Play	<p>Students will work together to craft a short play script based on The Terrible Head, a story from Andrew Lang's Blue Fairy Book. The students will then mount the play: rehearsing parts, constructing costumes and props, and performing the play for other children.</p> <p>In addition, students will:</p> <ul style="list-style-type: none"> -- be introduced to The Terrible Head story -- warm up their body and voice -- brainstorm ideas as a group -- be assigned a part and memorize lines -- learn and rehearse one or more group songs <p>The class can include a small number of students who do not wish to perform a speaking part; please contact the teacher to discuss.</p> <p>The text of The Terrible Head can be found at: https://www.gutenberg.org/ebooks/503 An audio recording of the story can be found at: https://librivox.org/the-blue-fairy-book-by-andrew-lang/</p> <p>Homework will include:</p> <ul style="list-style-type: none"> -- re-reading the text or listening to the recording of The Terrible Head -- memorizing lines -- gathering an outfit for the performance: black or dark-colored clothes (something you already own or can borrow) -- practicing songs 	5	10
Human Body Basics	<p>Come join us as we learn about the amazing human body! Each week we will learn about a particular body system (skeletal, cardiovascular, digestive, nervous, muscular, respiratory, urinary, integumentary, sensory). We will learn basic anatomy and physiology for each system and engage in hands on learning activities/experiments for each system.</p> <p>Masks recommended, however may become mandatory should a need arise. Classes will be taught outside as weather permits as well.</p>	6	9

Magical Creatures	<p>In this class, students learn about a wide range of magical creatures. We will learn their characteristics, diet, habitat, and more. Students will do crafts and/or play games to go along with the week's spotlight creatures. At the end of the session, each child will create their own magical creature and present it to the class.</p> <p>Children will create their own magical creature during class time and present it to the class.</p>	6	11
Modern Music & Social Change	<p>We will discuss the roots of modern music; its evolution and how social history was changed by challenging the establishment.</p> <p>We will examine music in relation to; civil rights, LBGQTIA+ rights, feminism and Vietnam (both as a support to those who served and as a voice for those who opposed).</p> <p>We will be viewing and discussing sensitive topics in this course.</p> <p>Once rosters are complete, I will provide an outline for parents so they can see which subjects will be discussed in each session.</p> <p>Music may contain explicit lyrics (I will try to keep that to a minimum unless it somehow specifically applies)</p> <p>Class includes a field trip to the Missouri History Museum on 11/08/2022.</p>	13	18
Open Legend RPG	<p>Open legend is an ttrpg or table-top roleplaying game similar to DND, where the players work together to make a story based on their characters actions, guided by the Gamemaster who decides the actions of the in-game world. Our first session will be character creation and groundrules.</p> <p>I'd encourage everyone to familiarize yourself with the website (https://openlegendrpg.com/core-rules/character-creation/). Players will be told how to play and the rules in class.</p>	10	19
Preschool Play	<p>Come join us for Preschool fun!! We will sing, craft, and read stories together all while getting our wiggles out!</p>	3	5
Reading Buddy Book Club	<p>The idea is for kids of multiple age groups to connect through a love of books while growing their reading skills.</p> <p>We will pair older kids who love to read with a primary-aged reading buddy. Depending on the combination of kids that sign up, the ratio will be either 1 big kid to 1 little kid or 1 big kid to 2 little kids. We will set out a selection of books to choose from... or the two buddies may want to bring a favorite book from home to share. The buddies will spend 20 minutes reading together and 20 minutes on a post-book activity, like draw your favorite scene or character; summarize or pitch your book to the group; compare your book to another one you've read.</p> <p>For ages 5-7 and 11-15.</p>	5	15

Visible Mending	<p>Let's fix some textiles and prevent fast fashion from clogging landfills and beaches. First class period we will talk about what visible mending is and what purposes it serves. From discussions that first class period, I will plan what will be discussed in later classes and we will plan for students to bring in their own items from home to work with and repair.</p> <p>Please know that mending, visible or not, is very often rooted in a long history of making do with very little and your financial means will never preclude you from participating.</p> <p>*Social distancing - highly preferred</p> <p>*Masks - please wear a mask; I am immunocompromised and have an autoimmune condition that puts me at high risk of drastic long-term complications from COVID and cannot afford to put myself at more risk than necessary</p> <p>*Homework - I am anticipating that there will not be enough time in each session for students to complete the mends they begin during class. While I will absolutely not be grading or otherwise demanding that students bring in completed projects the next class period, I also will not stop presenting new information in subsequent class periods so that a student can finish before continuing with the next technique. Therefore, it would behoove students to work on their mends from each class at home so that they can be completed before the next class period and students get that additional time practicing stitching before coming in to the next class.</p>	9	18
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"Ban this Book" Book Club	<p>This class will be a book club specifically dedicated to the book titled, Ban this Book. We will take an active look at the topic of censorship and the banning of books. The discussion will remain age-appropriate but allow for conversation and debate around the topic of censorship. The book is inspiring, thought-provoking, and hilarious. My kids have loved this book, and I hope yours will too!</p> <p>A copy of the book will be needed but can be made available free of charge to any families who do not have a copy or cannot obtain one for any reason.</p> <p>Book overview:</p> <p>You're Never Too Young to Fight Censorship!</p> <p>In Ban This Book by Alan Gratz, a fourth grader fights back when From the Mixed-Up Files of Mrs. Basil E. Frankweiler by E. L. Konigsburg is challenged by a well-meaning parent and taken off the shelves of her school library. Amy Anne is shy and soft-spoken, but don't mess with her when it comes to her favorite book in the whole world. Amy Anne and her lieutenants wage a battle for the books that will make you laugh and pump your fists as they start a secret banned books locker library, make up ridiculous reasons to ban every single book in the library to make a point, and take a stand against censorship.</p> <p>Ban This Book is a stirring defense against censorship that's perfect for middle grade readers. Let kids know that they can make a difference in their schools, communities, and lives!</p>	9	13
ACT Prep for Teens (and their adults)	<p>Tim spent several years teaching ACT prep for the high school where he teaches with decent gains for his students from the beginning to the end of the semester. This single class will go over some basic tips and tricks on answering questions on the ACT as well as suggestions on how to prepare at home for the test. This class will be geared toward teens with their adult in attendance as well as solo adults looking to prepare test prep practice for their student.</p>	14	17
Adulting	<p>Another semester of adulting. We will continue to use zoom for this class. Dates and Times will depend on the students' best fit and what fits with the presenter for that particular class. I do not currently have speakers lined up but will be taking recommendations and reaching out to the group for any interested. This class focuses on having an adult discuss their career, path to get there, and how it relates to being an adult in the real world when applicable. Previous presenters included a bank president, a realtor, a dentist, and more.</p>	12	19

<p>Adventuring to our National Parks</p>	<p>America's National Parks are a wonder that everyone should be able to explore. Our family has found great joy and adventure in our National Parks, and is excited to share them with friends!</p> <p>Join us as we adventure to two of our fascinating National Parks, all from the comfort of your home! We will get to explore these beautiful places, learn about the science and history that make them unique, and discuss our adventures with each other!</p> <p>The specific parks we'll visit will be kept a secret! Kiddos will have a chance to guess our destination from clues at the beginning of each adventure.</p> <p>I will send optional pages to print at home.</p>	<p>5</p>	<p>11</p>
<p>African Mythology Pt 1 (Yoruba tribe)</p>	<p>This class will explore the religious mythologies of the Yoruba people, including traditions and deities.</p> <p>Classes will meet every Monday.</p>	<p>10</p>	<p>18</p>
<p>Amazon Cyber Robotics Challenge</p>	<p>Can you code an Amazon Hercules robot to deliver your friend's birthday present on time?</p> <p>In this virtual learning experience, students will learn the basics of computer science while uncovering the ways goods are delivered at Amazon.</p> <p>Along the way, students will hear two Amazon Future Engineer Scholarship winners share a bit about their own personal journeys into computer science.</p> <p>Students will need a laptop or desktop computer to work on the activities as well as a cell phone or other device for logging into Zoom.</p>	<p>10</p>	<p>14</p>
<p>Andy Goldsworthy Art in Nature</p>	<p>Join us as we look at pictures of Andy's works & then try to make some natural artworks of our own!</p> <p>This is an outdoor class, so please dress for the weather. Feel free to bring any snacks or drinks you may want. Parking & picnic areas are flat & out in the open. Students may venture out of the grassy area to collect materials for their artwork. No masking or social distancing requirements, just please be respectful of other family's comfort levels. I am unsure of restroom facilities this time of year, but there are some on site.</p>	<p>0</p>	<p>adult</p>

Animal Academy	<p>Visit the St. Louis region's largest pet resource center located in East St. Louis, IL. Gateway Pet Guardians is dedicated to keeping pets and people together by providing them with the programs and resources needed to help them care for their pets.</p> <p>In this class, you will get to see the resource center in action. You will see and interact with dogs and cats being sheltered at the facility awaiting their new homes. Additionally, we will observe surgery by one of the community's best shelter medicine veterinarians. What is shelter medicine? We will talk about how it's a bit different than the veterinary clinic you may go to. We will also talk about those cats roaming around your neighborhood and why they don't need to be rescued.</p> <p>The class is still evolving but there is no shortage of things to learn and questions to ask! The animal welfare industry in the US has recently shifted to offering more support to keep families together instead of separating pets from their families due to lack of resources.</p> <p>I am the former Executive Director of Gateway Pet Guardians and have been working at the national level for the past year with animal shelters throughout the country. I hope this class will inspire all of the young minds to consider a career in animal welfare to make our world a better place!</p>	0	19
Architectural Gems of Downtown St. Louis	<p>Join a local architect on a walking tour of downtown architecture and monuments, followed by a tour of his architectural office, right next to the arch. The tour is a preset list of St. Louis landmarks, but we're bound to find other buildings that are super cool to talk about. (his wife talking here: he is willing to answer questions about things you observe. I personally like to ask him what is that thing called or why is it there or what is it made of.)</p>	9	adult
Banned Books - Book Club	<p>This will be a book club specifically for banned books. The class will be geared toward reading and dissecting banned books. Taking a look at the rationale behind their banned status and having constructive conversations around the book contents. The goal is to have an open mind, dialogue and debate in a healthy environment, while also unpacking the topic of censorship. There are so many wonderful books that fall into this banned status and I hope to help the kids understand the value of reading banned books and thinking critically about their topics.</p> <p>This session of this course is geared toward older students. That however, will not necessarily dictate the age range of the books (some may be for younger readers). Book selection will be determined ahead of our first class. I'd like the kids to have input into the book(s) they would like to read. I do have a second session for younger students that specifically covers the book titled, Ban this Book and it would be a great jumping off point for any student who is not familiar with banned books.</p>	13	18

BIBS Home Service Shop Class	We will be creating Christmas tree yard decorations. These can be rustic looking or can be painted in fantastical colors to match your own holiday decorations. Students will be able to choose whether they want to make one tree or up to three trees all different sizes (not to exceed 3 feet). Trees will also include stands so they can be placed on a porch or in the yard. These could be wonderful to keep or fun to give as holiday gifts! As always, all materials are provided.	9	18
Boeing - Adventures in Space & Mystery of Flight	Adventures in Space program is designed for students in the 7th grade or above (but younger may attend). This program tells of the captivating story of the history of humankind endeavor to explore space, what astronauts are doing in space today and what the future may hold. 60 min multi-media presentation and guided tour of Prologue room with full size space capsules. Mystery of Flight tour will be added to this program (an additional 10 min video) - how airplanes work and have evolved Free Parking, Free Admission, Wheelchair Accessible. Masking may be required by Boeing - it will depend on current requirements as we get closer to date. Please be prepared to mask if needed.	10	18
Build and Launch Model Rockets	Come join us to build you own model rocket and see it take off! Will launch them on same day as building it!	7	18
Building a Bat House	We will be building a Bat House and talking about the importance of bats in backyard ecosystems. All materials will be ready to be assembled.	9	adult
Child-led Art History at the St. Louis Art Museum	Join me as I share my love of art history. We will walk through the St. Louis Art Museum and focus on one (child-determined) period of art history. I'll offer 3 different time periods or artistic movements, and the students will decide on which to focus on first; if there is time or if attention wanes, we will move on to the next. Our discussions and observations will be peppered with connections to historical events, the society of the times, the composition of the works, and the details of the artistic techniques. To capture kids' interest, I will likely add scavenger hunts and color theory to the discovery process.	10	13
Child-Led Hikes for Littles	Join us for three child-led hikes this fall! We will be exploring three different trails and hopefully get to experience the leaves changing! This will be geared towards younger kids, as we will be doing their pace. Parents must stay. Siblings are welcome, just be aware our pace may be on the slower side. Hikes will probably be about a mile long (or as long as the kids want to go) and will most likely not be stroller friendly. Wearing non-walkers/toddlers would be a great option! We will meet at different parks for each hike. We will send out an email with more details before each hike.	0	7

Community Service Hours	<p>We have such a generous group of families in SLHN! We'll provide tools to help you keep track of your service hours. You'll be surprised how those acts of kindness will add up! In addition to seeing the difference you make in the world, keeping a record of your service hours is helpful for future applications, scholarships and transcripts. And we'll recognize our co-op's cumulative efforts at the end of the school year!</p>	0	adult
Creating with Vinyl - Design, Cut, and Apply #1	<p>Do you have an idea for a fun t-shirt design, but don't have the tools to make it? Come learn basic creation using Silhouette Studio, cut your very own vinyl design using a desktop cutting machine, and learn weeding techniques to prepare your design for application.</p> <p>I will provide the heat transfer vinyl for each student to create a single color design up to 10x12. If you would like your design applied during class, please bring a t-shirt and I will press it. Otherwise, I will send you home with instructions on how to apply it with an iron.</p>	12	adult
Creating with Vinyl - Design, Cut, and Apply #2	<p>Do you have an idea for a fun t-shirt design, but don't have the tools to make it? Come learn basic creation using Silhouette Studio, cut your very own vinyl design using a desktop cutting machine, and learn weeding techniques to prepare your design for application.</p> <p>I will provide the heat transfer vinyl for each student to create a single color design up to 10x12. If you would like your design applied during class, please bring a t-shirt and I will press it. Otherwise, I will send you home with instructions on how to apply it with an iron.</p>	12	adult
Creek Cleanup	<p>We have spent countless hours exploring the creek in the 12 years we have lived by it. We have also hauled countless bags of trash out of the creek. W'd like to organize a group to help clean up the creek to make it more hospitable to wildlife.</p> <p>Wear clothes to get messy in. Rain boots or water shoes suggested. Please provide your own bug spray and/or sunscreen if you use them. We will provide gloves and gear.</p> <p>Afterwards please join us in our backyard for a snack. (TBD)</p>	12	18
Crystal Digging at Haunted Ridge Rocks	<p>Join us for another fun day digging for crystals! Admission & digging is free. If you'd like to take your rocks home, they are \$30 for a 5 gallon bucket. You will need to provide your own tools.</p> <p>This is an outdoor event in very muddy, rocky, & uneven terrain. There is a porta-potty on site. Masking & social distancing will be up to each family's discretion. You are welcome to bring snacks & picnic.</p> <p>Parents DO need to register for this event if they are participating.</p> <p>It is preferred that parents stay, and siblings are welcome.</p>	0	adult

Decorate Cards for Seniors	<p>This class is an opportunity to do something nice for our community. Last year, I took the cards to Voyce for delivery since between my park day event and my family we decorated a lot of pre made cards, and they were very helpful with distribution. You can check them out at their website https://www.voycestl.org/ I will provide pre made boxed cards so that the class will be free of charge. If you want to bring your own art supplies, they will be welcomed, and I will have some to share.</p> <p>If anyone is interested in demonstrations of easy art techniques or words to put in the cards, I will provide samples, and Benjamin is happy to demonstrate how to draw cute holiday inspired (non religious so that all seniors receiving cards will feel valued) kawaii drawings in the cards. I will welcome other children demonstrating techniques too. This will be child-led in nature so that kids can come and go as they need and do the parts of the activity they feel most comfortable with and enjoy social time with their friends while doing a service to our community.</p>	0	adult
Dino Play Day	<p>Come play at the Dino Play Date!</p> <p>We will have Dino themed centers around the studio for your youth to do independently or with an adult. Feel free to bring your own dinosaur toy to show off and play with. Wear clothes that will be ok to get messy with art and/or sensory play. Siblings are welcome but all activities are geared toward kids ages 3-5.</p>	3	5
Diversity and Inclusion Club	<p>In this club for ages 7-11, we'll openly discuss the many wonderful differences in our world community. Topics will include LGBTQIA+, races, religions, identity, abilities, families and social justice. There will be frank conversations.</p> <p>Students will be welcome to help host an SLHN information table at Pride.</p> <p>This club will be for anybody who wants to learn about, support or advocate for others. There is no expectation of a specific orientation or identity. Anybody can be an ally!</p>	7	11
Earth Science Experiments	<p>This is a three part class.</p> <p>This class will allow your kids to learn how mountains form, volcanos erupt, islands form and the way that weather leads to rock erosion all using messy hands-on experiments. The classes will be at my house and be mostly indoors (volcano eruptions outside). I will try and cover a little bit about each topic before we start our experiment and I am asking that parents stay to help their kids if needed. I have a large kid friendly basement space if littles need to stay and play.</p> <p>I will be using elemental science K-4th grade as my core curriculum and will have a list of extra reading and recourses available for anyone that would like to take a deep dive into earth science.</p>	5	10

Economy Museum	<p>This is a FREE class!</p> <p>The Inside the Economy Museum immerses guests in a one-of-a-kind experience that explains the economy and their role in it through nearly 100 fun, hands-on exhibits with games, sculptures, videos, and displays. The museum begins with an exciting introductory video set in the historic teller booths of the bank, and then leads visitors into the four zones that comprise the rest of the experience. Interactive touch screens and games teach guests how to make various investment and expense decisions, and the impact of those decisions on the micro and macro economy. The sleek and immersive space then carries guests to a stock-trading interactive where they can assume the roles of buyers and sellers and compete with one another. Amongst a myriad of other fun and educational games and films, the museum introduces them to the functions of the bank and how the major ebbs and flows of the economy affect them and different communities around the world.</p> <p>This should be a fun and interesting day to learn a bit about the money we use everyday. Each participant can leave with a small bag of shredded money.</p> <p>The Economy Museum requires every participant to not only be fully vaccinated, but to have a booster shot as well. You can either bring in your vaccine card or a photo copy on your phone to show when you arrive. The tour should last around 90 minutes.</p>	8	18
Fall Music & Art Show (ARTIST SIGN UP)	<p>This class is for our young artists and musicians to show everyone what they've been working on! We had to split it into 2 classes for sign up. This sign up is for the visual artist portion of the show.</p> <p>All ages welcome to enter.</p>	0	18
Fall Music & Art Show (MUSICIAN SIGN UP)	<p>This class is for our young artists and musicians to show everyone what they've been working on! We had to split it into 2 classes for sign up. This sign up is for the music portion of the show.</p> <p>Please sign up here if you would like to perform during the music recital.</p>	0	19
Family Bowling Activity	<p>Come and enjoy a mid-week break of fun with your kids and other SLHN families. Be sure to ask the staff to pull up the risers for little ones. Bowling will cost \$4 per game and \$4.75 for shoe rental but, 1- 2 games will be all you need.</p> <p>Please remember to wear or bring socks.</p> <p>Parents please stay for the duration of this class and siblings are welcome, but you only need to register one child.</p>	5	9

<p>Figure Drawing for Beginners</p>	<p>An introduction to figure drawing for beginners. This class is for those with a love of drawing or just an interest in learning some new techniques and developing their skills. We will share tips, look at some instructional books and guide everyone through practice. Students will also take home a new sketchbook!</p> <p>Must use stairs to access first level of home. No pets in home. Non smoking household. No guns in the home. Masks encouraged if unvaccinated.</p> <p>Parents may stay or go, no siblings please.</p>	<p>4</p>	<p>10</p>
<p>Fire Safety for Littles at the Safety House</p>	<p>Calling all junior firefighters! If you are interested in all things firefighting or want to learn more about fire safety, this is the event for you. Come join us at the Safety House for story time, then watch an off-duty firefighter gear up. We'll even have a chance to explore a real fire truck! The focus of this program will be fire and home safety, geared toward children in preschool through first grade, though older children are welcome to attend.</p> <p>The Safety House does not currently have masking or social distancing requirements, though this is subject to change.</p> <p>This is not a drop off event, so parents need to stay with their children, but do not need to register themselves for the class. Siblings are welcome</p>	<p>2</p>	<p>7</p>
<p>First Aid for Kids</p>	<p>Come and learn kid friendly first aid. We will have a real paramedic teaching the class. We will teach kids first aid through worksheets, scenarios, and role playing. We will learn about scrapes, cuts, burns, sprains and possibly more. Willing to work together in group with other kids is a plus.</p> <p>Masks are not required but please wear one if that makes you more comfortable.</p> <p>Parents may stay or drop off and do not need to register. Siblings are welcome</p>	<p>6</p>	<p>7</p>

<p>Forest Friends</p>	<p>This gathering will include a nature study component as well as lots of time for unstructured play in the woods.</p> <p>The nature study portion will cover some North American mammals (various types of rabbits and hares, squirrels, rodents, etc.) using the first nine chapters of <i>The Burgess Animal Book for Children</i> by Thornton Burgess. We will gather at the pavilion and read one chapter per week, share discussion of the new animals covered and use our nature journals to sketch the animal. There will also be coloring sheets for those who prefer to color the animal. This part will be laid back and we may get through more or less of the book depending on group engagement. This is also a great time for a snack!</p> <p>Next, we'll head across the park and take the trail into the woods. There are many interesting spots to explore in this park, including a creek for warmer days. We can wander or find a good stopping point to play and explore. The trail is paved but many areas (including the creek) are not accessible by stroller or wheelchair. There is a river on the far end of the park which one part of the trail runs close to. We will avoid this part of the trail. If a meeting day calls for heavy rain or other inclement weather (still suitable for driving) we'll meet just up the road at Powder Valley instead to explore the indoor museum.</p> <p>For one of our scheduled meet ups, we will (hopefully) join naturalists at Powder Valley for a field trip class on mammals.</p> <p>The nature study portion of this group is targeted toward the 5 - 10 age range; however, siblings are encouraged to come and participate for as long as they are engaged. There's a big open area for littles to wander and explore during this portion as well. (Speaking of, if you'd like to volunteer to be the runaway toddler chaser/herder during the nature study portion, the position is open!) The free play portion is perfect for all ages. Please register all children that will be present. Parents or caregivers are required to stay with their children.</p> <p>An online copy of the book is available for free if you want to pre-read or continue the book after the class is over.</p> <p>I will provide animal coloring pages, crayons and basic (read: dollar store) nature journals. Feel free to bring your own fancier nature journal if you already have one. Please also bring a pencil for nature journal sketching.</p> <p>Recommended/optional items to bring: blanket to sit on, snacks, water, bug spray, sun screen, extra clothes, shoes that can get wet on warmer days, first aid items.</p> <p>Masks are optional. For the field trip meet up, we will follow the policy at Powder Valley at the time of the field trip (I will send out an email ahead of time).</p> <p>The pavilion is paved and accessible by wheelchair. The main trail is paved and accessible by wheelchair and stroller; some areas of the woods where we may venture are not paved. There are restrooms next to the pavilion.</p>	<p>5</p>	<p>10</p>
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<p>Genders & Sexualities Alliance (GSA) Club</p>	<p>GSA clubs, or GSAs for short, are student-run organizations that unite LGBTQ+ and allied youth to build community and organize around issues impacting them in their schools and communities. GSAs have evolved beyond their traditional role to serve as safe spaces for LGBTQ+ youth in middle schools and high schools, and have emerged as vehicles for deep social change related to racial, gender, and educational justice.</p> <p>GSA clubs build power for a growing movement of LGBTQ+ youth of color and actively support youth through training in leadership, organizing, and advocacy for racial and gender justice. They empower trans and queer youth to educate students' schools and communities, organize in coalition with other youth across identity lines, and advocate for just policies that protect all LGBTQ+ youth from harassment and violence. Together, you learn to tackle the issues that impact students in school, build collective power, and ultimately transform educational institutions. Youth-led and youth-planned trainings and events are offered throughout the year.</p> <p>Last year's GSA activities included a lot of discussion of current events impacting our country, a workshop about identity, a field trip to a photography exhibit focused on gender, a fundraiser for the Trevor Project, creating an educational display, promoting Pride Month for the co-op and encouraging co-op participants to include pronouns on name tags.</p> <p>Students will be welcome to help host an SLHN information table at Pride.</p> <p>This club will be for anybody who wants to support or advocate for others. There is no expectation of a specific orientation or identity. Anybody can be an ally!</p>	<p>12</p>	<p>19</p>
<p>Hike the Mina Sauk Falls Trail</p>	<p>Please join us for a trip to Taum Sauk Mountain State Park. We will Hike the Mina Sauk Falls trail. The trail is a 3-mile loop that is considered rugged and moderately difficult. The trail passes along the top of Mina Sauk Falls the tallest waterfall in Missouri. On our trip, We will stop and explore the falls. Please use your own discretion on waterfall exploration.</p> <p>Parent must hike with their children. Siblings are welcome.</p> <p>Accessibility is limited.</p>	<p>1</p>	<p>11</p>

<p>Hiking Club</p>	<p>Come join us for a hike! Hikes will be varying length, however most of them will be between 2 and 3 miles long. Younger children are welcome, with parents modifying hikes as needed (hiking carriers, modifying length, etc). We will be going at a pace that meets the need of the group, taking breaks and exploring along the way as the group as the group deems necessary. All hikers must maintain appropriate hiking etiquette. Trash must not be left behind. Hikers are encouraged to bring water and snacks.</p> <p>Physical/Environmental Concerns: The hikes will begin and end at the trail heads. Not all trails have proper restrooms. The woods may contain hazards, such as poison ivy and ticks. It is a good idea to spray yourself with bug spray and check for ticks after each hike. Good hiking shoes or sneakers are HIGHLY recommended. The trails chosen for this hiking club may contain both easy and strenuous trail sections. All Trails is a great resource to learn specifics about a trail. Occasionally, an easier trail is located adjacent to our main hike or there may be a portion of our hike that will suit your hiking experience and needs. Feel free to contact your hike leader to ask, as there may be others interested in hiking an easier trek or partial loop. In case of inclement weather (especially high winds and thunder/lightning) the leader will email the group to cancel the hike.</p> <p>Information (parking information and trail details) about each hike will be sent out at least one week prior to each hike. At this time, we will ask hikers to RSVP to that month's hike. It is OK if you cannot make it to all of the hikes. Join us when you can!</p>	<p>0</p>	<p>adult</p>
<p>History Museum Virtual Workshop: Mighty Mississippi - Native Peoples</p>	<p>The Mississippi River has been an important cultural touchpoint, natural resource, and connecting force for people in this region for thousands of years. Students will encounter diverse perspectives and engaging stories as they investigate the role the river has played in developing economies, building empires, and fighting for freedom for Native peoples.</p> <p>This virtual program consists of a one-hour guided exploration of the history of the Mississippi River. Inquiry-based discussion questions will lead students to develop--and use evidence to support--their own ideas on how the river has played a role in the culture and history of Missouri's Native peoples. Students will make interpretations using images and artifacts from the Mighty Mississippi exhibit and evaluate the choices and actions of people living near the river.</p>	<p>4</p>	<p>9</p>
<p>History Museum Virtual Workshop: Music to Me</p>	<p>Music is an expression of human emotions and values. Different genres, musicians, and songs have been used to mark personal and community identities. Through interactive discussions, students will explore different music and communities in St. Louis and express their own connections between music and their identities.</p> <p>In this one-hour virtual program, students will explore the personal and cultural variety of music to be found around St. Louis.</p>	<p>4</p>	<p>9</p>

Indoor Rock Climbing	Join us for some indoor rock climbing. Participants will be required to purchase their own day passes.	0	adult
Jewelry Making	<p>Jewelry Making!</p> <p>Each student will be able to make their choice of 3 items: wooden or beaded earrings, necklaces and bracelets.</p> <p>All materials will be provided.</p> <p>This class will be held in early December so that students can gift these items for the holiday season, if they would like.</p>	5	12

<p>Labyrinth-walking (secular)</p>	<p>It can be tough being a teen! In this secular class, we will briefly discuss some of our feelings and how walking a labyrinth is one way to manage stress and improve focus.</p> <p>We will discuss the following:</p> <ul style="list-style-type: none"> * What is a labyrinth? * History of labyrinths * Classifications and forms of labyrinths * Images of famous labyrinths * How to walk a labyrinth * We will walk an image of a labyrinth with our fingers * And then we will walk the full-sized labyrinth at MoBap. * Afterwards, we'll check in with each other to describe how we are feeling and what we thought of the experience. <p>Information about where to meet will be provided.</p> <ul style="list-style-type: none"> * Please wear masks. * There is a ledge to sit on. To accommodate everyone, spacing between students may end up being less than 6 feet * This is an outdoor class, so dress for the weather. 	<p>13</p>	<p>19</p>
<p>Learning Latin through Legos</p>	<p>We will learn Latin through a story about a Roman family (illustrated with a Lego Family). The story is in Latin and gradually becomes more complex. We will use English to discuss and learn new concepts as they appear in the story. We will cover the first couple of chapters of the text <i>Lingua Latina Per Se Illustrata</i> (not necessary to have the book for the class). We will use freely available audio and other materials to complement the story itself.</p> <p>Learning a language takes a lot of time. Students will need to re-read and re-listen to the story often as well as practice with material provided outside of class time. In addition to the text itself there will be audio, material on Quizlet and other sites to complement what the text covers.</p> <p>Parents should plan to sit with their students during the class time. Siblings are welcome.</p>	<p>5</p>	<p>10</p>
<p>LEGO Landmarks</p>	<p>This hands-on class will combine geography, history, and engineering as the kids learn about and build world landmarks from a selection of LEGO challenge cards.</p> <p>We will use our collection of LEGO bricks. Our home is pet-free and smoke-free. Masks are optional.</p> <p>Parents and siblings are welcome to attend and play in our basement or yard during the class.</p>	<p>5</p>	<p>10</p>

Let's Make an Old Time Radio Show!	Join us to make an old time radio show! We will use modern technology (podcasting equipment) and fun props for sound effects to record a show written and performed by the students. Day 1 of class will be used to introduce the kids to the concept, share some fun history and help the group collaborate on their story idea. Day 2 will be used to record the show with sound effects and speaking parts performed by those interested in participating. The instructors will perform the editing afterward and share the final product with everyone who signed up to enjoy!	4	8
Library Tour and Scavenger Hunt at Grant's View	This event is intended to help children (kindergarten through third grade) become more familiar with the library. We'll have a librarian lead us in a story time and teach us how to find books we like. We'll also take a tour of the library followed by a scavenger hunt. Don't forget your library card to borrow some books (or St. Louis County, St. Louis City, or St. Charles County residents can sign up for one)!	5	9
Lower Elementary Play Group	Intended to allow young ones the chance to get to know each other better, this play group will meet the first and third Tuesday of the month from 1:30 - 3:00 pm. We'll have lots of free play and maybe some planned activities at times. The personality of the participants can dictate how it rolls. Attendance is not expected at every meetup. We're all busy! We'll communicate by forum to determine location and RSVPs. The group will probably rotate between some homes of participating families.	4	8
Marcus Theatre Tuesday \$5 Movie #1	Tuesday \$5 movies at Marcus Theatre is an activity my children and I have enjoyed for years and we would love it if friends from SLHN would enjoy a movie with us. The Tentative movie choice for this date is Lyle, Lyle Crocodile. On Tuesdays there are also many snack specials, my favorite is a free snack size popcorn for each ticket you purchase if you have a free Marcus Theater Rewards Membership. My 2nd favorite is the \$7 Burger and fries deal. They also have a large popcorn special and others that you should look up so you can choose what is most delicious for you and your family.	5	12
Marcus Theatre Tuesday \$5 Movie #2	This is the 2nd offering for \$5 Tuesday at Marcus Theaters. This time the Tentative Movie is Disney's Strange World. Don't forget to sign up for the free Marcus Rewards Membership to get your free snack size popcorn for each ticket you purchase and Visit the Website or App because they have awesome snack specials on Tuesday.	5	12

<p>Mastering Dungeons; Running A Great D&D Campaign</p>	<p>Have you ever wanted to weave a tale of swords and sorcery with your friends, but had no idea where to start? This monthly class gives an opportunity to understand how to start and maintain an ongoing Dungeons and Dragons campaign. We will cover how to go from a concept to execution while keeping your players as active participants in the story. There will be Q&A sessions where you can bring your own campaign and ask for assistance.</p> <p>Session 1 - Scheduling, discussing, and starting a campaign</p> <p>Session 2 - Keeping track of your campaign and your players interested</p> <p>Session 3 - Making believable NPC's (Non-Player Characters) and How to take your players to the limit (Boss Battles and you!)</p> <p>Session 4 - All good things must come to an end - How to finish your campaign.</p>	<p>12</p>	<p>adult</p>
<p>Meet-up: Literary Walking Tour of the CWE</p>	<p>I will lead a walking tour to see where four writers lived in the Central West End. We will stop outside of each house. A student will read a brief biography of the writer, we will look at a photograph of the person, we will briefly discuss their writing style, and a student will read an excerpt of their work. We will also touch on the (racist) history of St. Louis' gated streets.</p> <p>Grade range is flexible. Please note that homosexuality and drug addiction will be discussed.</p> <p>The four writers are:</p> <p>William S. Burroughs (1914-1997), 4664 Pershing Place, 63108 Tennessee Williams (1911-1983), 4663 Westminster Place, 63108 T.S. Eliot (1888-1965), 4446 Westminster Place, 63108 Kate Chopin (1850-1904), 4232 McPherson, 63108</p> <p>The total walking distance is 2 miles.</p> <p>Social distancing is required. Masking is optional.</p> <p>The presence of a connected adult is required for students who don't drive.</p> <p>Meet-up will be postponed in the event of inclement weather.</p>	<p>8</p>	<p>adult</p>

Missouri Botanical Garden #1	<p>Come enjoy fresh air and the beautiful environment of the Missouri Botanical Gardens. St. Louis City and County residents enjoy free admission and free entrance into the Children's Garden/ Playground on Saturday and parking is always free. There is a fee of \$14 for non St. Louis City and County residents over the age of 13 and the Children's Garden has a ticket price of \$5 for persons under the age of 12. Parents are free. The Children's Garden also has a splash pad if the weather is still warm. Younger children can play and enjoy their friends and Tweens and Teens can walk around the park and hangout with old friends or make new friends.</p> <p>The Botanical Garden, in general, is accessible for wheelchairs but the playground may be a little difficult to maneuver although, there are some precautions taken for accessibility such as ramps.</p> <p>Parents please stay for the duration of this class and siblings are welcome, but you only need to register one child.</p>	0	adult
Missouri Botanical Garden #2	<p>Come enjoy fresh air and the beautiful environment of the Missouri Botanical Gardens. St. Louis City and County residents enjoy free admission and free entrance into the Children's Garden/ Playground on Saturday and parking is always free. There is a fee of \$14 for non St. Louis City and County residents over the age of 13 and the Children's Garden has a ticket price of \$5 for persons under the age of 12. Parents are free. The Children's Garden also has a splash pad if the weather is still warm in Mid- September. Younger children can play and enjoy their friends and Tweens and Teens can walk around the park and hangout with old friends or make new friends.</p> <p>The Botanical Garden, in general, is accessible for wheelchairs but the playground may be a little difficult to maneuver although, there are some precautions taken for accessibility such as ramps.</p>	0	adult

Students will explore St. Louis through the lives and experiences of African Americans who have called this city home. Through hands-on activities and engaging discussions, students will use primary sources to forge personal connections to the people and places that have shaped St. Louis. Learning about the Black individuals living both extraordinary and everyday lives will expand students' understanding of the city's history.

This program focuses on engaging students with two essential understandings:

- 1) African Americans have always been an integral part of the United States (and St. Louis) and have impacted and shaped our history and culture.
- 2) While challenging, the lived experiences of African Americans in St. Louis have been and continue to be rich and diverse.

Students will visit three areas in the Seeking St. Louis galleries, each representing different time periods in St. Louis history.

At Stop One, students will visit the home of the free Black woman Jeanette Forchet, who lived in St. Louis around 1790. They will use primary sources—including artifacts from her home, a copy of her inventory, and the replica of her house—to infer what Jeanette's daily life was like. Students will compare and contrast their home life with that of this historical figure.

At Stop Two, students will examine some of the professions and Black businesses that have helped shaped St. Louis from the 1800s into the 1900s. Students will draw conclusions about how history is recorded and shared and decide who should be added to the galleries' walls.

At Stop Three, students will learn more about Black artists and culture-shapers who have lived in St. Louis. They will analyze how different forms of art and artisan work both shape and reflect society as well as how art can help define cultural identities even as it breaks down barriers between different groups.

IN THE CLASSROOM

Following the tour, students will explore additional primary-source documents during a classroom activity while forging personal connections to the people, places, and events of St. Louis's Black history.

The final hour of the program will be free exploration of the museum's History Clubhouse, a hands-on gallery designed especially for children.

Siblings are welcome to stay (please register older siblings staying for the class). If you have a younger child that needs to be otherwise engaged, they are welcome to explore the History Clubhouse during class time (with a care giver present). If you plan to have a class participant present without a caregiver while taking a younger sibling to the clubhouse, please let me know ahead of time so I can ensure there are enough chaperones for the program.

The museum is wheelchair accessible, has accessible parking and is close to public transportation. There is a nursing and sensory-friendly room on the lower level.

The museum does not currently require masks but they are recommended when social distancing is not possible.

<p>MO History Museum: Community Superheroes</p>	<p>Community Superheroes</p> <p>During this program, children will discover what it takes to be a superhero in their community! Children will engage in interactive storytelling, make a craft, and explore the Seeking St. Louis exhibit in search of St. Louisans who showed compassion, self-confidence and leadership in their communities!</p> <p>Younger and older siblings are welcome to stay with the group.</p> <p>Alternatively, they may visit the Kids Clubhouse during the class time, accompanied by a caregiver. If you plan to leave a class participant to take a sibling to the Clubhouse, please let me know ahead of time to ensure there are enough class chaperones. Class participants aged 4 and under will need a caregiver present.</p> <p>Children will have free time to explore the History Clubhouse, a gallery especially designed for children to learn about St. Louis history. Children can dress up in costumes, put on a puppet show, fish over the edge of a canoe, pull a steamboat whistle, and more!</p> <p>The museum is wheelchair accessible, has accessible parking and is also accessible via public transportation. The museum has a private nursing and sensory-friendly room in the lower level.</p> <p>Masks are currently not required, but recommended when social distancing is not possible.</p>	<p>2</p>	<p>6</p>
<p>Money Lessons for Middleschoolers</p>	<p>Join us as we explore personal finance and economic concepts. Increasing financial literacy through interactive games and by activities that focus on setting income goals, different types of bank accounts, making a budget, interest and taxes. For students, learning personal finance is an investment in the future!</p>	<p>10</p>	<p>13</p>
<p>Nature Art</p>	<p>We will meet up and explore Longview Farm Park. We will collect items from our walk without destroying any nature. Then we will create masterpieces together.</p> <p>Social distancing requested if not masked. Masking not required.</p> <p>Parents please stay for this class, but you do not need to register yourselves. Siblings are welcome.</p>	<p>4</p>	<p>7</p>

Novel Engineering	<p>Design and build your own solution to a problem from a provided chapter from the book A Long Walk to Water using provided materials through the Novel Engineering process. The chapter will be sent to parents in advance of the class and students are expected to read it or have it read to them aloud before class.</p> <p>Novel Engineering was developed by Tufts University Center for Engineering Education and Outreach and teaches early engineering problem solving using literature. Students will create a prototype solution to a problem they find in the chapter. They will construct this using provided tape, scissors, and a pencil as well as many of the following materials: construction paper, paper towel tubes, glue, cardboard, brads, coffee stirrers and filters, craft sticks, index cards, rubber bands, straws, plastic tableware, toothpicks, foil, string, cotton balls, packing material, felt, foam, pipe cleaners, wax papers, string, yarn, zip ties, clay, clean plastic recyclables, etc. There is no need for families to buy anything.</p> <p>Students will read the chapter before the day of class, problem-find, build a prototype, and then ask questions to help students consider potential improvements to their prototype, which they can continue to work on beyond class time if desired.</p>	7	12
Outdoor Workouts	<p>Outdoor circuit workouts will be developed by a student who is interested in exercise science. These workouts will welcome beginners with modifications provided when necessary.</p> <p>Participants should wear comfortable clothing that is easy to move in and athletic-type shoes (no sandals or flip-flops). Students should have a water bottle. A yoga or exercise mat is recommended.</p> <p>The workouts will take place on both paved and grassy surfaces. There are bathrooms on site.</p>	10	adult
Paleontology Play Date	<p>Bring your budding paleontologist out for a playdate. We'll read a story about Mary Anning, one of the first paleontologists. Our young scientists will get a chance to dig up their own dinosaurs, and enjoy a snack. After class, they can play in the park. It will be a roaring good time!</p> <p>Snacks will be peanut free. If you have additional allergy requests, please let me know.</p> <p>Event will be outdoors--masks not required</p>	5	10

Playing with Probability	<p>Should you try for that Yahtzee? Will you get the DND skill you need when you roll the dice? We'll learn how to calculate probability and how to use that knowledge to solve bigger problems. Then we'll roll some dice, play some games, and see if real life actually follows the mathematical rules.</p> <p>There are a few steps into the house. One cat, no smoking or guns. Social distancing is not possible as we will be playing table games. Please no masks, some family members are hearing impaired.</p> <p>Parents and siblings may stay, but they will need to bring quiet activities to do. There are multiple parks and libraries nearby if you need an alternate activity.</p>	12	adult
Project based programming with Python	<p>This class will be a full introduction to programming in the Python programming language. It will be aimed at students with beginner-novice skills in programming.</p> <p>The first half of the semester will be dedicated to programming concepts and practices, the second half of the semester will be used to build a final project which will be a Classic Arcade Game (Breakout most likely). Parents and other family members will be invited to the final class to play the game their child builds.</p> <p>Each week a new concept will be taught and the students will be given a project to complete that makes use of that concept.</p> <p>* One class will start with the students demonstrating their solution to the project from the week before. Demonstrations will be followed with learning a new concept and an explanation of the project for the coming week.</p> <p>* The other class will be a chance for the students to help each other with any coding problems they are having. I will also be there to help.</p> <p>The target age range will be middle school and up with 10 students max. Students need familiarity with computers, a PC (Windows, Mac or Linux) that they are able to install/configure programs on (Python 3+, Visual Studio Code, and PyGame - these are all free and secure), and the ability to complete an assigned project during the week (I would think 1 to 3 hours of outside class work to complete the projects). Students in the same household may be able to work on the same PC, but not at the same time.</p>	11	18
Project Fair	<p>Join us for a Project Fair! This is similar to a science fair but students can present about ANYTHING: art projects, books they're authoring or reading, discoveries they've made, science experiments, research they've done.... The options are endless!</p> <p>Typical format is that each student will have their own table to display their project, which is often on a three-panel display board (not required). Each student will have an opportunity to present their project multiple times as small groups move around the room to peruse. This is a great opportunity for students to practice their public speaking skills in a safe and supportive environment! The experience is a fantastic culmination for projects or passions pursued during the semester.</p>	0	adult

Puzzle Mania	<p>From word searches and number games to mazes and more.. each child will receive a PuzzleBuzz, PuzzleMania, or PuzzleMania Challenge magazine to work on during the class either on their own or with a partner. Pencils will be provided. Traditional puzzles from 2 pieces up to 100 pieces will also be available for registered children and their siblings if they choose to join.</p> <p>Masks are optional but recommended for ages 5 and older. Social distancing is also recommended. Wheelchair accessible entrance.</p>	5	10
Sensory Activities in the Park	<p>Exploring science and art through sensory learning. We will have two sensory based activities and will provide science and art related information to go along with the activities.</p> <p>The activities planned include kinetic sand and a color mixing activity with homemade playdough.</p>	4	7
Sketch N' Hike #1	<p>Bring your learner on a fun interactive hike with opportunities to stop and sketch some notorious sculptures along the path. This is an art exploration activity that will focus on the process of drawing. Learners are encouraged to be playful and curious about their drawings, encouraging diverse use of drawing materials, expression and interpretation of their drawings. This drawing class is about enjoying the process of creating, not drawing something the right way.</p>	8	18
Sketch N' Hike #2	<p>Bring your learner on a fun interactive hike with opportunities to stop and sketch some notorious sculptures along the path. This is an art exploration activity that will focus on the process of drawing. Learners are encouraged to be playful and curious about their drawings, encouraging diverse use of drawing materials, expression and interpretation of their drawings. This drawing class is about enjoying the process of creating, not drawing something the right way.</p>	8	18
St. Louis Zoo	<p>Come enjoy the nice early fall weather outside at the St. Louis Zoo. Admission is free. Street parking is free. Parking lots are available for paid parking if desired. Great opportunity for young children to enjoy their friends. Tweens and teens can walk around the park and hang out with old friends or make new friends. Walking around the park and enjoying the animals are free but there are fun activities that you may want to do that have a cost such as the Children's Dinosaur Park, the train, petting the stingrays, or going to see the sea lions show. There is a one-day pass available for about \$15 and it includes many of these activities. Personally, my family has a zoo membership. Visit the St. Louis Zoo website for more information about all that the Zoo offers. Bring a bottle of water because you will need it and if you have never been to the St. Louis Zoo or it has been a while, you and your children will have a great time.</p> <p>The St. Louis Zoo is very accessible. Lots of ramps and ways to get around without needing to use stairs.</p>	0	adult

<p>Stop Motion Videos</p>	<p>We will learn to create stop-motion videos! This is a really fun and creative way to make videos, and almost anyone can do it with the help of the app!</p> <p>Class #1 - We'll learn what stop-motion videos are and how to create them. I'll give some tips and guidelines on how to get started creating your video. Homework - over the next week, on their own time, students will play around with a few ideas for stop-motion animation, with the goal of learning how it works, not necessarily creating a finished product.</p> <p>Class #2 - We'll share our videos, discuss what worked, how to make them better, and plan out a longer video. Homework - Using the plan we made in class, students will create a 1-2 minute stop-motion video</p> <p>Class #3 - watch our stop motion videos and discuss ideas for future videos and possibilities.</p> <p>Students will need some sort of device to take video (smartphone, tablet, ipad, etc) and will need to download one of the free apps I recommend.</p>	<p>10</p>	<p>18</p>
<p>Storytime, Art, and Play</p>	<p>We will be listening to a story or two read aloud, looking at some artworks relevant to the chosen theme (right now I'm thinking underground but that is subject to change.), and doing a couple of simple art projects around the theme as well.</p> <p>Bring a picnic lunch, which can be eaten during stories, activities or after, and stay to play at the playground!</p>	<p>4</p>	<p>8</p>
<p>Teen Drawing Club</p>	<p>Join us at Teen Drawing Club where artists ages 12-18 are invited to explore their creativity together.</p> <p>Artists will determine by consensus the club's artistic topics at the first meeting, including, but not limited to: exploring artistic themes and discussing the artistic process.</p> <p>Please bring your favorite media and a drawing journal.</p> <p>This will be a virtual offering, with adult facilitation and oversight only as needed. The goal is for this to be a teen-directed space and process!</p>	<p>12</p>	<p>18</p>
<p>Teen Game Night</p>	<p>Come play pool, air hockey or foosball - or just sit around chatting and snacking. We look forward to having you!</p> <p>Ages: 13-18. Drop-off.</p>	<p>13</p>	<p>19</p>
<p>Teen Nights</p>	<p>Please join us for a casual hangout in our home. Our finished basement has a Super Nintendo and a Switch, a pinball machine, karaoke, plus tons of board games and craft supplies.</p> <p>Weather permitting, we may also hang out in the backyard, have a bonfire, explore the creek behind the house, or visit the park a short walk away.</p>	<p>12</p>	<p>18</p>

The 50 States: Facts and Fun	Meet us on zoom as we learn about the 50 states that make up the U.S.A. We will explore the 6 regions of our country, typically discussing 3 states per class. Students will learn each states capitol, bird, motto, flag etc... There will be videos and fun handout activities as well. All handouts will be provided to families prior to class. Basic school supplies such as pens, pencils, crayons are needed.	8	12
The Book Society	<p>This is a student-only book club that will meet to discuss the current book club pick. We will start with The Ogress and the Orphans by Kelly Barnhill, and select one or two books as a group to read after that.</p> <p>All students will need to be fully vaccinated for COVID including boosters. Please keep distance of at least 6 ft between students, masks optional.</p> <p>This is a student-only club, no adult leader or teacher will be present to facilitate. Students will be dropped off. Please use your discretion in determining if this is a good fit for your student. The host parent will be within the general vicinity and do sporadic visual check-ins.</p>	12	16
The Drawing Society	<p>This is a drawing group that will meet at different places each week to draw and enjoy a drink of choice depending on location. Bring your favorite drawing tools and paper; we will have basic supplies available for those who need them.</p> <p>All students required to be fully vaccinated for COVID including boosters. Classes will take place outdoors as often as possible, masks required when indoors except when eating/drinking. Please keep distance of 6ft or as much space as feasible within constraints of the space.</p> <p>Some classes will meet at cafes or tea houses where students may purchase a drink or snack to enjoy while drawing. Making a small purchase at these venues is encouraged but not required.</p> <p>This is a student-led group, no adult leader or teacher will be present to facilitate. Students will be dropped off. Please use your discretion in determining if this is a good fit for your student. The host parent will be within the general vicinity and do sporadic visual check-ins.</p>	12	16

<p>Tiamat's Tournament: A DND-style Campaign</p>	<p>Welcome young thieves, travelers and warlocks! Come join this custom DND-style campaign where you will go through a set of challenges for riches beyond your wildest dreams. (AKA chocolate gold coins!) Each week we build on completing each tournament. You'll build up your team with NPCs that you can recruit, expand your range of weapons, and collect as much gold and loot as your greedy hearts desire! We will send character sheets to complete as soon as rosters are released. Having your own dice to bring is helpful. Dressing in costume is encouraged! Be prepared for some fun custom surprises</p> <p>This is free, but if you'd like to help support the store by buying drinks, food or merch, please feel free! We would love to support them for hosting us when we can.</p> <p>There is a step up into the store. They have required masks before so it's always a possibility. Chairs are arm-free and there is plenty of space.</p> <p>Parents and siblings are welcome to stay as long as they don't interfere with the game and parents supervise their children. There are plenty of other tables and games for them if they are interested in playing games. Parents, though, do not need to register themselves.</p>	<p>11</p>	<p>adult</p>
<p>Tween Halloween Hangout</p>	<p>Tween Halloween Hangout! Let's wear our costumes or normal clothes, we'll do pumpkin painting and just have fun! We will have board games, pumpkins, and snacks. Feel free to also bring a snack to share. Please let the teacher know if there are any food allergies to be aware of.</p>	<p>10</p>	<p>12</p>
<p>Tween Meetup #1</p>	<p>Come hang out with SLHN friends at Rec Hall STL for games and fun. This meetup is intended for tweens (8-12), but siblings are welcome.</p> <p>Rec Hall is like your best friend's backyard, but better! Games available include air bowling, bocce, giant Connect 4, cornhole, foosball, giant pong, tetherball, giant Jenga, ping pong, and more.</p> <p>Admission is \$10 per person for adults & kids 5 and older. Each family will pay for themselves at the location.</p> <p>Kid-friendly snacks and beverages are available for purchase.</p> <p>This is not a dropoff event.</p> <p>Please be aware that Rec Hall StL is a bar, and this meetup will occur during family-friendly hours.</p>	<p>8</p>	<p>12</p>

<p>Tween Meetup #2</p>	<p>Come hang out with SLHN friends at Rec Hall STL for games and fun. This meetup is intended for tweens (8-12), but siblings are welcome.</p> <p>Rec Hall is like your best friend's backyard, but better! Games available include air bowling, bocce, giant Connect 4, cornhole, foosball, giant pong, tetherball, giant Jenga, ping pong, and more.</p> <p>Admission is \$10 per person for adults & kids 5 and older. Each family will pay for themselves at the location.</p> <p>Kid-friendly snacks and beverages are available for purchase.</p>	<p>8</p>	<p>12</p>
<p>Tween Swim Meetup</p>	<p>Enjoy indoor water play and swimming with SLHN friends! The Recreation Center features zero-depth entry, a flume slide, a play structure, a lazy river, and more.</p> <p>This meetup is intended for tweens (8-12), but siblings are welcome. This is not a dropoff event.</p> <p>Facility admission is \$7 for youth/seniors and \$9 for adults (including those not swimming).</p>	<p>8</p>	<p>12</p>
<p>Volunteer at the St. Louis Area Foodbank</p>	<p>Repackaging and Sorting Food in our Repackaging Center</p> <p>This is an indoor event. Volunteers work in our Volunteer Center sorting and packing food for distribution into our community. This can include building food boxes for senior citizens, sorting food drive donations, packaging produce into individual family size portions, etc. Please note that volunteers will be on their feet for the majority of their shift. Some volunteers may be asked to lift and/or move boxes of food weighing up to 50 lbs. We look forward to seeing you. Thank you!</p> <p>Please wear closed toe shoes and dress comfortably. Shorts are acceptable.</p> <p>While the Foodbank remains a MASK OPTIONAL environment, wearing masks indoors in public spaces is recommended by the St. Louis County Department of Public Health due to the increase in COVID cases. At this time, masks are encouraged when working indoors, but are not required. We respectfully ask that anyone experiencing a fever, cough, shortness of breath, or that has been exposed to someone who recently tested positive for COVID-19 to refrain from entering our facility.</p> <p>No drop offs. Parents should stay with their children and must register themselves.</p>	<p>7</p>	<p>adult</p>

<p>World Showcase (Geography Project)</p>	<p>Students will choose a country to research and learn about. Each week students will be given a list of prompts to research about their country (geography, climate, exports, culture, food, national anthem, etc.) They will be required to keep their research in a binder or notebook, must be typed or neatly written.</p> <p>At the end of the semester they will present their information in a World Showcase project (think Epcot). Students will need to purchase a 3 sided poster board to present information about their country. Students may also choose to decorate their table, bring in food or drink samples, be as elaborate as you choose. This should be a fun (and yummy) showcase!</p> <p>Most of the work will be done at home and at students leisure.</p> <p>If providing food/drink samples students will list any possible allergens on their table.</p> <p>We will follow CDC and/or local guidance in regards to covid safety.</p> <p>The showcase will be open to families and other students who are not participating. This will be a fun evening to sample food and learn about other countries!</p>	<p>0</p>	<p>adult</p>
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